

# MERIDIAN MINUTE

March - April 2023



Center At The Park  
Meridian Senior Center

We are a Community Center for adults over 60 located in Kleiner Park behind The Village in beautiful Meridian, Idaho.

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**Come join the fun! We can't wait to meet you!**

Visit our website to find out more about us.  
[meridianseniorcenter.org](http://meridianseniorcenter.org)

**208-888-5555**

1920 N. Records Way  
Meridian, Idaho 83646

(Located in Kleiner Park behind The Village at Meridian)

*Encouraging Seniors To Live Younger!*



## Murder Mystery Dinner

A fantastic evening of entertainment and dining was completely sold out weeks before the event. Guests enjoyed an Italian dinner of Chicken Fettuccine Alfredo and Lasagna catered by Pelappino Catering. The entrees were served with Caesar Salad and bread sticks.

We had so many lovely volunteers serve as our wait-staff. Dessert was tuxedo cake and cheesecake served in dessert cups. Watson's Mystery Cafe entertained us all with their audience participation improvisation murder mystery theater.

Bravo! What a splendid evening! We had such a good time that we hope to have many more like them. We are planning more wonderful evenings with live entertainment for the future. Here are some tips for our next big events:

- Don't forget they are open to the public. Invite your friends, neighbors, and family.
- Always check your email where these events are first announced.
- Buy tickets early as these events sell out quickly!





## Center At The Park

Meridian Senior Center

### CENTER EVENTS & TRIPS

#### MARCH

- 4th Yankee Motor Museum
- 4th Meridian Symphony
- 6th Initial Point Art Gallery
- 9th DaVinci's Italian Restaurant
- 11th 50th Annual Roadster Show at Idaho Expo
- 13th Movie Night, 80 For Brady at Meridian Majestic Cinema
- 15th Bishop's House
- 16th Sa-Wad-Dee Thai Restaurant
- 18th Sleigh Ride
- 22nd Social & Dance at The Center
- 23rd Chuck-A-Rama Restaurant
- 29th Vietnam Veterans Social at The Center
- 30th Beauty & The Beast Play

#### APRIL

- 1st Shoshone Falls
- 5th Edward's Greenhouse
- 15th The Springs Hot Springs
- 19th Trilogy Valor 55+ Community Tour

**Square Dancing every Thursday evening and BINGO every Friday evening!**

**\*Calendar subject to change. See front desk for details & more events in April.**

Our Activity Calendar comes out on the 1st of each month. You can pick one up at the Front Desk on the 1st or find it on our website.

**We will be closed on the following holidays:**

April 7th - Good Friday

*A friend is someone who knows all about you and loves you anyway!!*



**CENTER HOURS**  
**8:00 A.M. - 4:00 P.M.**  
**Monday - Friday**



*Our Community Center is open to anyone but our 1300+ members receive discounts on our activities as well as several other benefits. Becoming a member also helps support our Center and keeps it running!*

*Become a member today and enjoy classes, day trips, dances, dinners out, activities, education, hobbies, massage therapy, our fabulous Boutique (located in our building) and so much more!*

*Lunch is served Monday through Friday by Metro Meals on Wheels, often with live music!  
Our bus provides transportation if you need a ride to the Center.*

*See page 4 for more information about our lunches.*



***Become a member for only \$30 a calendar year!  
Membership is not required to participate. Come tour and see what we are all about!***

#### FIND OUT MORE ON OUR WEBSITE

[meridianseniorcenter.org](http://meridianseniorcenter.org)

**YOU CAN COME TOUR THE CENTER MONDAY THROUGH FRIDAY BETWEEN 8am and 4pm**

**1920 N. Records Way  
Meridian, ID 83642**

*(located in the S. E. corner of Kleiner Park behind The Village At Meridian)*

#### NEW ACTIVITY PRICES

Members - \$2  
Non-Members \$5  
(Activity prices apply to daily activities, not dances or parties.)

#### YOU CAN ALSO FIND US ON FACEBOOK AND INSTAGRAM

FACEBOOK: Meridian Senior Center  
INSTAGRAM: MeridianSeniorCenter Center At The Park

#### ARE YOU A BUSINESS IN MERIDIAN?

We'd love to have you partner with us through donation and/or advertising. Contact Kate 208-888-5555 or email [kate@meridianseniorcenter.org](mailto:kate@meridianseniorcenter.org).

#### MISSION STATEMENT

*Our mission is dedicated to enriching the lives of all older adults by developing, providing and promoting a climate of respect, trust and support. We offer life enhancement programs, education, recreation, information and assistance to older adults while encouraging volunteerism.*

# Honoring Our Veterans

## Ernie Underwood

Ernie Underwood joined the Navy at the age of 17 in 1977 while he was a junior in high school. The program was the delayed entry program, and he would not report to boot camp until after his high school graduation. Ernie had to have his parents sign for him to join at this age. One benefit to joining early was that he became eligible for advancement one year earlier than if he had joined after graduation from high school.

Ernie served for 20 years between June 1978 and June 1998, and was stationed in several different locations. He attended boot camp in San Diego California, and then went to school in Great Lakes, Illinois to become a Machinist Mate. After this, he went to Orlando, Florida for 6 months and then spent 6 more months in Idaho Falls, Idaho to become a Nuclear Propulsion Operator.

The first ship Ernie served on was the USS Bainbridge CGN-25 out of San Diego. He made 2 Western Pacific deployments on this ship, each lasting about 3 years long. He was stationed on the USS Truxtun CGN-35 and 1 Western Pacific deployment also lasting about 3 years. The third ship he served on was the USS Cape Cod AD-43, a destroyer tender with 1 deployment to the Middle East. This tour was approximately 2 years long. Ernie's fourth ship assignment was the USS Abraham Lincoln CVN-72 in Bremerton and Everett, Washington with no deployments, but a long overhaul period in dry dock.

Two different times in his career, Ernie came back to Idaho Falls, Idaho to be an instructor at the Nuclear Propulsion Training Unit. During Ernie's 20 years of service he served in Operation Desert Storm aboard the USS Cape Cod in the gulf of Oman.

When asked if he has a favorite memory from that time, he said that it "was always when deployment was over and we came home and saw my family again. Also, I really liked the different parts of the world I saw, and people I met."

Ernie learned a lot about responsibility and respect that he doesn't believe he would have learned until a lot later in life. Learning the cost of freedom that we tend to take for granted also made a huge impact on him as well.



"The military is like anything else in life. It has its ups and downs but I would not have traded my experiences for anything. I have made lifelong friends throughout the world and it is hard to find the camaraderie that I enjoyed in the military. I learned a lot about responsibility and respect that I don't believe I would have learned until a lot later in life. I also learned more about the cost of freedom that we tend to take for granted."

Ernie is one of our Center bus drivers. Be sure to thank him for his service the next time you see him! Thank you, Ernie, and all of our Veterans for serving our country so faithfully!



Are you turning 65? Call your local licensed Humana sales agent.



**Brenna Rill**  
208-390-3771  
(TTY: 711)

Monday - Friday  
8 a.m. - 5 p.m.  
brill@humana.com

**Humana**

Y0040\_GHHXDFEN23a\_BC\_C

Meridian Senior Center is a non-profit. We operate through memberships, generous donations and Community Partners. If you want more information about our Community Center, how to get a tax receipt with donation, information about advertising with us, or to submit an article to the Meridian Minute, contact [info@meridianseniorcenter.org](mailto:info@meridianseniorcenter.org) (Submissions are due on the 1st of the month prior to each month of publication.)



## Center At The Park Meridian Senior Center

**Lunch Served Daily**  
**Monday - Friday**  
**12:00-12:30 p.m.**  
**Lunch Provided By**



Monthly menu is on our website or you can pick one up at our front desk.

\$4.00 suggested donation for 60+  
\$6.00 for anyone under 60

Take-out-meals \$6. 24 hour notice required.

### Did You Know?!?!?!?

Every first Tuesday, 10am-12pm, seniors can shop at Columbia Sportswear in The Village and enjoy an additional 20% off. They even serve doughnuts, bagels, coffee, and orange juice.

The are located at 3424 E. Longwing Ln, Ste. 140, Meridian, ID.



### Heart Health?

- The National Heart, Lung and Blood Institute [www.nhlbi.nih.gov/health](http://www.nhlbi.nih.gov/health) and search under H for Heart.
- American Heart Association at [www.americanheart.org](http://www.americanheart.org)
- National Coalition for Women With Heart Disease [www.womenheart.org](http://www.womenheart.org)
- Mayo Clinic [www.mayoclinic.com](http://www.mayoclinic.com)
- Living With Hearth Disease book by Larry Katzenstein.
- Did you know we have a Heart Failure Support Group that meets every Thursday at 11am. Ask front desk for info.



*Channel your fears into something positive. Remember, Walt Disney was scared of mice.*

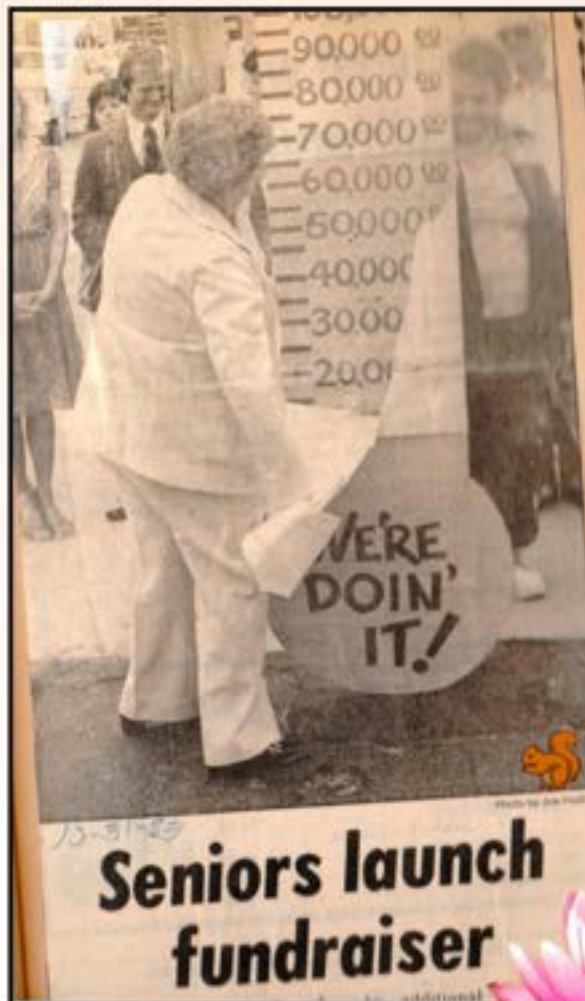
# History of Our Center

## Real Progress Part 4

In the previous Minute, Part 3 of our Center's History, we left off with the seniors getting ready to apply for the HUD grant for the 3rd time (1st attempt went to the City's sewer project; the 2nd one lost because the sewer money hadn't been used yet) and raising the funds for the matching requirement to build their Center. As you may recall, they had raised \$20,000 by June of 1982 but had a long way to go to acquire the \$200,000 needed.

Community support flowed in from many different groups. The Episcopal Church of the Holy Nativity sponsored a golf tournament at Cherry Lane Course (I found no report on proceeds); the Meridian Chamber held its second Annual Community Auction to benefit the building fund and netted \$8,000; The Meridian United Methodist Church raised almost \$1100, and the Cherry Plaza Merchants hosted the 3rd Annual Best Cherry Pie Contest raising \$318; plus many other events and donated funds. By the time Governor Evans announced the recipients for the 1983 HUD grant, the building fund pledges and donations totaled over \$100,000! But the Meridian Seniors lost out again.

Sixteen Idaho communities were awarded a piece of the \$5.98 million in block grants but the Meridian seniors group dream of building the Center was not one of them. Meridian's request was 29th out of the 62 applications submitted. Why did their request and need fair so poorly in the selection? "...because it wouldn't create jobs as a result of the grant." (I wonder who they thought was going to build the Center if it wasn't companies employing workers?)



This setback was just one more disappointment in a long string of them. Is there ever to be a Senior Center? Now remember, the seniors were meeting for luncheon provided by Meals on Wheels at OJ Café every Thursday in the Cherry Plaza Mall and for brunch every Saturday morning at 8am. The 1st Tuesday of each month was "Fun Day" at the Wheel Inn Recreation Hall for cards, games and a variety of other planned activities. The 3rd Tuesday, they had a 12noon Potluck meal and business meeting at the Wheel Inn. They were also meeting in churches for social activities and business, and maintained a hobby shop in the boiler room of the Challenge Creamery Building. It WAS time for good news!

### Seniors launch fundraiser

The seniors weren't going to let these disappointments discourage them, so they just worked harder. They reorganized to form a 10-member steering committee with Bill Brewer, City Councilman, as chairman; a public relations committee and an audit committee and elected a treasurer. They even hired a professional fundraiser, Glenn Lungren, and opened an office staffed by volunteers. Each member contributed \$5 a month pledging for 36 months and sought similar contributions from the 2,200 senior citizens on their mailing list. They would seek funds from 29 Idaho foundations as well as area businesses. They prepared to launch their campaign November 1, 1983. The goal being at least \$150,000. This was a "one-time capital campaign" that would provide them "with a place they could call their own."

Immediately, a businessman pledged anonymously \$11,000. Then in the first 10 days of opening their office in Cherry Plaza, 77 citizens - young and senior, stopped in to sign pledge cards. They also received pledges of materials for construction. A "symbol of hope" was to be placed at the corner of 1st and Idaho streets on November 1st. A larger-than-life thermometer would be set up as a daily reminder of how much had been donated toward the campaign to build a multi-purpose senior citizen center. And on a rainy Monday afternoon, the sign was unveiled indicating \$62,000 had already been pledged or donated! And during the event, another \$9,000 was pledged by 3 businesses (Chapel of the Chimes, Big M Upholstery, and Ron Tolman) at \$1,000 each and \$6,000 from the Meridian Chamber of Commerce! By the 16th, the total was over \$80,000 when a group of 6 local lawyers (Fitzgerald, Crookston, Frahm, Riddlemoser, Foley and Lance) and 2 dentists (Cammann and Vorlicky) donated a total of \$3500 and Joe Albertson, himself, gave \$500. Idaho First National Bank in Meridian contributed another \$7750.

Then the news came that without the State supporting the seniors receiving the Federal Grant funding, building a \$500,000 Senior Center on City land was not a viable option. They had been searching for a building while still trying to raise money to build one. So, a change of plans came about. The MASCA decided to purchase a building rather than build one. For \$200,000, the Seniors' Association would buy the Assembly of God Church at 133 West Broadway. It provided a large enough multi-purpose room and plenty of room for parking. The kitchen would need some upgrading but the seniors would have a building now and not have to wait for construction of a new one. Its location would better serve the seniors in the area than the land by the Speedway and they would own the property

Here we are then, the beginning of 1984, and the Meridian Area Senior Citizens Association will finally have their new Center from a dream that began in 1969. Negotiations for the purchase were underway. So, what's next? Check our spring edition of the Meridian Minute for the developments.



**We're doin' it!**



Continuing their fund-raising efforts, the Meridian senior citizens have now surpassed \$80,000 in funds toward a new facility. Most recently, a donation of \$2,500 was received from several local attorneys, pictured above with Elizabeth Ryan.



Three office locations to better serve the community  
- Boise, Nampa and McCall

We offer In-Home Care services that include:

- Dressing - Bathing/Showering - Laundry
- Assistance with Transfers - Toileting
- Companionship - Supervision - Errands
- Meal Preparation - Assistance Eating
- Medication reminders - Light Housekeeping
- Shopping - Transportation

Jackie Smith

Partner / Administrator

6154 N. Meeker Place, Suite #150

Boise, ID 83713

Phone: (208) 938-1760

Fax: (208) 939-8275



Looking for senior living resources for your loved one?



**J.P. Benlian**  
Certified Senior Advisor

Phone  
208-761-2066

**Kathy Lacina**  
Senior Living Advisor

Phone  
208-573-4658

OasisSeniorAdvisors.com/SW-Idaho



By: Toni Allison,  
President of the Board of Directors  
If you've missed parts 1-3, please ask the front desk for previous issues. We are excited to bring you more installments of History of Our Center in future issues.



## Center At The Park Meridian Senior Center

### A BIRTHDAY POEM FOR ALL OF OUR MARCH AND APRIL BIRTHDAYS!

Every One of Your Birthdays  
By Joanna Fuchs

Every one of your birthdays  
is a gift to the rest of us  
who have had the pleasure  
of having you in our lives  
for another year.

Every one of your birthdays  
brings joyful memories  
of your bright smile  
and your love of life.  
Every one of your birthdays  
reminds us of your sensitivity  
and service to others,  
and other delights  
too numerous to name  
that we are gifted with  
just by knowing you.

## Stepping Back in Meridian Time



The Idaho Building at 136 E. Idaho Avenue in downtown Meridian was originally built for Harrell & Pfaffle Co. in 1913 with commercial space on the first floor and apartments above on the second floor.

Early retail tenants were Struve's & Garrett's succeeded by the Cash Bazaar in 1933. While it's been home to many businesses it still stands as a piece of Meridian history. It is currently occupied by Tribute Media. The photo left is the building today.

It's wonderful to know that some old photographs (below) of this fine building still exist. The next time you are downtown be sure to drive by this old beauty. Here's a fun fact, our very own Mary Wheeler (Front Desk), worked in this building during the late 1980s and early 1990s. At that time it was the Commercial Newspaper Service. Mary remembers that they did all of the Sports Calendars for schools.

If you have the chance this spring, take the walking tour that begins in front of Generations Plaza on the corner of Main Street and Idaho Avenue and see many of Meridian's historical buildings. Just follow the map (on a sign) posted in front of Generations Plaza. You'll see many of the original buildings and homes that started our wonderful dairy town.



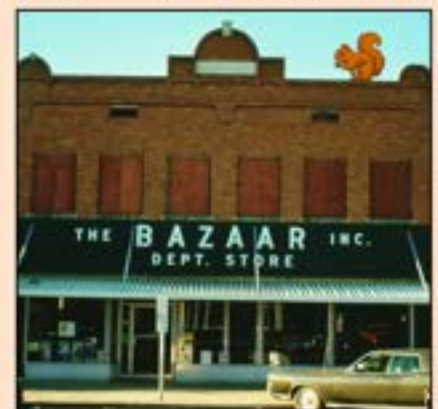
In fact, did you know that the City of Meridian is the second largest city in Idaho? The town was established in 1891 on the Onweiler farm north of the present site and was called "Hunter." Two years later, an Independent Order of Odd Fellows lodge was organized and called itself "Meridian" because it was located on the Boise Meridian and the town was



renamed. The Settlers' Irrigation Ditch, 1892, changed the arid region into a productive farming community which was incorporated in 1902.

Meridian was incorporated in 1903.

*Photographs & information re-posted with permission from the Meridian History Instagram Page.*



## Saint Alphonus

HEALTH PLAN

### Saint Alphonus Health Plans backed by MediGold

Mandi Hansen  
Licensed Healthcare Agent  
208-367-5841  
mandi.hansen@trinity-health.org

Mandi holds Medicare seminars here at our Center. Check with our Front Desk here at Meridian Senior Center to find out when Mandi will be here teaching Medicare seminars.

MediGold is a not-for-profit Medicare Advantage plan operated by doctors and hospitals. We've been serving seniors and others who are eligible for Medicare since 1997.



# La Boutique

La Boutique offers a fine selection of jewelry, gifts, home decor, and clothing. Come shop today.



Located within the Meridian Senior Center.

Open to the public  
Monday-Friday  
10:30 A.M. to 1:30 P.M.



La Boutique is in need of new and gently used items. If you have anything to donate, please drop it off at the front desk.



Clockwise from top left: Harley Davidson Speaker Series, volunteering is fun, Valentine's lunch, friendship at lunch time, shopping in the Boutique.



## Need A Free Ride to Our Center?



Need a ride to The Center for lunch or an activity? If you live between Five Mile to Black Cat and Victory to Chinden our bus may have seats available. Contact the Center for info & to sign up. 208-888-5555



Scott Finnegan is with Marcheso & Associates. He is our preferred financial advisor & generosity consultant. He can help you with giving to charities, retirement planning, estate planning,

**Scott Finnegan** investments, insurance and taxes.  
208.918.5149  
sfinnegan@cfiemail.com

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**MARCHESO & ASSOCIATES**  
WEALTH MANAGEMENT



Center At The Park  
Meridian Senior Center

## Love art?

Initial Point Gallery is one of Meridian's new art galleries, open Monday - Friday from 8am-5pm. Every new exhibit has an evening Opening Reception that you can attend. The gallery is located inside of Meridian City Hall on the 3rd floor. Experience a collection of art by local artists. When you attend Opening Receptions, you'll have the chance to meet the artists and discuss their work. New collections are displayed every month. See the 2023 schedule on their website found here <https://meridiandcity.org/arts-culture-history/initial-point-gallery/> for dates, times, and featured artists and collections. The flyer to the right is for the March featured artist, Mark Shawver which opens Tuesday, March 7th, 4:30-7:00PM. Join our trip there on March. 6th.

### When a loved one dies, here's how to block I.D. theft:

- Immediately send death certificate copies by certified mail to the three main credit reporting bureaus. request that a "deceased alert" be placed on the credit report.
- Mail copies as soon as possible to banks, insurers and other financial firms requesting account closure or change of joint ownership.
- Report the death to the Social Security Administration at 800-772-1213 and the IRS at 800-829-1040. Also notify the DMV.
- In obituaries, don't include the deceased's birth date, place of birth, last address or job.
- Starting a month after the death, check the departed's credit report at [annualcreditreport.com](http://annualcreditreport.com) for suspicious activity.

*Wrinkles are proof of a life well smiled.*

Mark Shawver  
**Yesterday & Today**  
A Collection of paintings inspired by Idaho's past and present Americana

Initial Point Gallery  
Meridian City Hall, Third Floor  
March 6, 2023 - March 31, 2023  
Gallery Hours:  
Monday - Friday 8:00 am - 5:00 pm  
Opening Reception:  
March 7, 2023 4:30 pm - 7:00 pm



Meridian Arts Commission

*Yesterday & Today*

## When I am an Old Woman

I shall wear purple  
With a red hat which doesn't go, and doesn't suit me  
And I shall spend my pension on brandy and summer gloves  
And satin sandals, and say we've no money for butter.  
I shall sit down on the pavement when I'm tired  
And gobble up samples in shops and press alarm bells  
And run my stick along the public railings  
And make up for the sobriety of my youth.  
I shall go out in my slippers in the rain  
And pick the flowers in other people's garden  
And learn to spit.  
You can wear terrible shirts and grow more fat  
And eat three pounds of sausages at a go  
Or only bread and a pickle for a week  
And hoard pens and pencils and beer mats and things in boxes.  
But now we must have clothes that keep us dry  
And pay our rent and not swear in the street  
And set a good example for the children.  
We will have friends to dinner and read the papers.  
But maybe I ought to practice a little now?  
So people who know me are not too shocked and surprised  
When suddenly I am old and start to wear purple.  
From Warning by Jenny Joseph







Mitch Lyman  
(208) 963-0333  
mlhealthadvisor@gmail.com

- Local, Independent Medicare Agent
- Call to review your 2023 options
- Choose from all area plans

Medicare Advantage - Supplement - Part D

### This Time In History

Mar. 1, 1961 - President John F. Kennedy established the Peace Corps.

Mar. 1, 1958 - U.S. launches Explorer I, its first satellite.

March 3, 1931 - Congressional resolution makes the "Star Spangled Banner" the official U.S. anthem.

March 12, 1942 - Baseball great Joe DiMaggio agrees to a new contract with the NY Yankees, and gets a \$6,250 raise.

April 1, 1963 - Daytime soap opera General Hospital first airs on ABC.

April 17, 1964 - The Ford Mustang is formally introduced to the marketplace. The base price : \$2,368.

April 30, 1936 - Warner Brother's "Bugs Bunny" debuts.

April 30, 1904 - The ice cream cone makes its debut at the St. Louis World's Fair.



*Tip your server. Return your shopping cart. Pick up a piece of trash. Hold the door for the person behind you. Let someone into your lane. Small acts can have a ripple effect. That's how we change the world.*

Below: One of our day trips to Donnelly to experience the Hap and Florence Points Memorial Sleigh Rides and enjoy some elk viewing! Trips like these can be found on page 2, on our website, and on our Activities Calendar.



### Nappetizer Anyone?



Sometimes before bed, I fall asleep on the couch. It's my sleep appetizer. My nappetizer.

**LUCK O' THE IRISH**  
**50/50**  
**RAFFLE**

- \$1 per raffle ticket.
- Winner takes 50%.
- Center takes 50%.
- Winner will be drawn on Friday, March 31st

Need help with your computer, smart phone, tablet, or other devices? Jon from Clean Slate Tech is here to help. He will be here at our Center on March 24th. Need help sooner? You can contact him (208) 371-7971. He does in home service calls for your convenience.



March  
24th  
Page 9



## Center At The Park Meridian Senior Center

Executive Director, Lisa Hansen



### Donate Monthly

One of the best ways to support the Meridian Senior Center is to donate monthly. Even \$20 a month makes a huge difference when we all give together! It's easy and makes a huge impact on our Community Center. Need help setting it up? Just call our front desk and ask for Kristin. She can help you set up monthly giving in a safe and secure way.

## Velocity CLINICAL RESEARCH



### Get Paid for Clinical Research

Velocity's mission is to bring innovative medical treatments to patients. We are committed to making clinical trials succeed by generating high quality data from as many patients as possible, as quickly as possible while providing exemplary patient care at every step.

Contact Becky Coker at  
(208) 955-9030

# Get To Know Our Director Lisa Hansen

Lisa is a native 5th generation Idahoan born at St. Lukes Hospital in downtown Boise on November 20th, 1972. Lisa's family was a large part of the Mountain Home community where they were sheep and cattle ranchers on Bennett Mountain. This mountain is located outside of Mountain Home and was named after her family. Lisa has three sisters, one brother and was lucky enough to grow up with a great grandmother and both sets of grandparents. Perhaps that is where her love for the older generation comes from. She has many memories of camping and going on trips with her grandparents. But it was her Grandma Bennett that she spent the most time with, learning how to bake, cook, to love the Chicago Cubs and Days of Our Lives. Together, they would go asparagus picking on the ditch banks...ironically, right across the street from where Lisa lives now. Her Grandma Bennett would take her and her siblings on crazy adventures like to Merrill Egg Farm when it caught fire to watch the chicken burn, or to the Golden Star at midnight because Lisa's sister was pregnant and had a craving.

As a child, Lisa attended school at Cole Elementary, Fairmont Jr High and graduated from Capital High School. She played volleyball and basketball and was involved in choir. In the 8th grade, after he heard her sing at a concert, she was invited by Governor Andrus to sing at the State Capital. At the age of three, Lisa started bowling with her family and over the years she won many city and state tournaments, even competing in a national tournament in 1991 in Detroit, Michigan where she placed 17th in the nation!

Lisa started working when she was 15 and hasn't stopped working. She has worked mostly in customer service, sales, and marketing. In 2012 Lisa realized her niche and discovered the industry she wanted to make a long term career working in. Lisa was hired as the Marketing Director at Heatherwood Retirement Community. She found that working with seniors and helping them every day to live their best life was what she wanted to do. Later, she moved on to an assisted living job as the marketer and then in 2017 an opportunity arose at the Meridian Senior Center. Lisa was hired as the Event Coordinator, scheduling events for the Center on the weekday evenings and weekends. From there Lisa became a bus driver and then started helping with marketing. In August of 2021, Lisa was promoted to the Executive Director position where she began her mission to grow the Center by increasing memberships, activities, member experiences, securing funding and sponsorships, repairing broken relationships within the community, and building new ones. In the past year and half, Lisa and her staff have almost doubled the membership, the activities have increased significantly, there have been sponsorships and partnerships cultivated, new relationships built, broken relationships repaired, and the Center is "flourishing". Lisa can't thank the Board of Directors and her staff enough for their hard work and support in her mission.

Lisa and her husband Rod have a beautifully blended family. Together, they have 7 children (6 boys and 1 girl) and 5 grandchildren with another grandchild on the way. Lisa's family is very active and likes to go, go, go! Camping together is one of Lisa's favorite things to do and retreating to the mountains is therapeutic for her. Jeeping, four wheeling, kayaking, swimming, river rafting, going to hot springs, hiking, and spending time with her family is precious to her. Lisa has also developed a love for travel and is excited about all the places she will go to in the future.

# I'm just a senior trying to set a password....

WINDOWS: Please enter your new password.  
USER: cabbage

WINDOWS: Sorry, the password must be more than 8 characters.  
USER: boiled cabbage

WINDOWS: Sorry, the password must contain 1 numerical character.  
USER: 1 boiled cabbage

WINDOWS: Sorry, the password cannot have blank spaces.  
USER: 50bloodyboiledcabbages

WINDOWS: Sorry, the password must contain at least one upper case character.  
USER: 50BLOODYboiledcabbages

WINDOWS: Sorry, the password cannot use more than one upper case character consecutively.  
USER: 50BloodyBoiledCabbagesShovedUpYourBleepIfYouDontGiveMeAccessNow!

WINDOWS: Sorry, the password cannot contain punctuation.  
USER: ReallyPissedOff50BloodyBoiledBloodyCabbagesShovedUpYourBleepIfYouDontGiveMeAccessNow15

Second delay.....  
WINDOWS: Sorry, that password is already in use.



# The Valley of Squirrels???

Have you noticed the large squirrel population in the Treasure Valley? Love them or hate them, they are probably here to stay. But how on earth did they get here? Believe it or not, there was once an effort to bring pet squirrels to the City of Boise? In 1916, assayer in charge of the U.S. Assay Office, Curtis Pike, introduced Missouri's "famous fox squirrels" to Idaho. Pike had six fox squirrels shipped to Boise and released on the Assay Office grounds with the intention that the squirrels would become "city pets." However, not surprisingly, some of the squirrels did not stay on the grounds of the Assay Office and began to explore other areas of the city including homes on Grove Street, the home of former Governor Hawley, and the statehouse. The Idaho Statesman notes that the squirrels were well fed by Boise residents. It's possible that Boise's current squirrel population descends from these six transplants.

Can you find 6 squirrels in this issue of the Meridian Minute that look just like this little guy?



Our members enjoying dinner out at Tucanos Brazilian Grill



Pinochle at our Center

The meaning of life is to find your gift. The purpose of life is to give it away. -Pablo Picasso

**80 FOR BRADY!**  
**MSC PRIVATE SCREENING!**  
**Monday, March 13**

Bus Riders arrive at the Center at 2:15 pm  
Bus departs the Center at 2:30 pm  
Doors Open at 3:00  
Movie Starts Promptly at 3:30



at the Majestic Theater in Meridian  
\$12 - Members, \$15 - Non-Members

*Whether you're driving yourself or riding the bus, you must Sign Up and Purchase Your Ticket at the Front Desk!*

*Our top sponsors...*

**TITANIUM**



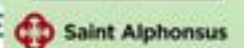
**GOLD**



**SILVER**



**BRONZE**



*Thank you to all of our Community Partners and Sponsors!!! Without all of you, we could not do what we do for our amazing community!*

*Thank you to*  
**EVERYTHING HEARING**  
*for sponsoring our building sign*

*Time to Cache Out?*  
Is your computer crashing? Running sluggishly? Not cooperating? One simple way to restore order is to shut down your computer every 48 hours for the health of your computer. Still having trouble when browsing the web? Maybe it's time to clear your browser cache. Clearing your cache is harmless but it may mean that you will have to re-enter saved passwords.

How do you clear your cache? That depends on the type of browser you are using. Simply google "how to clear cache on (name of browser)". Hint: It's usually under your Privacy Settings. Need help? Call Clean Slate Tech for an appointment. (208) 371-7971

**WEDNESDAY MARCH 22**  
**\$12 PER PERSON**  
**Social AND Dance**  
Live Music by: Roderick's Cruizin' Classics  
Sub Sandwiches - Drinks for Sale - Dancing  
3:30 MUSIC AND DANCING  
5:30 DINNER  
6:30 FUN IS OVER  
TICKETS AVAILABLE FOR PRE-PURCHASE ON MARCH 8TH AT THE FRONT DESK 208-888-5555

**Open to the Public!**  
**BINGO**  
**FRIDAY NIGHTS**  
**CASH PRIZES!**  
**Doors Open at 4:00 p.m.**  
**Game Play starts at 6:00 p.m.**  
(must be 18 years or older to play)

As our director, Lisa Hansen always says, "This isn't your Grandma's Bingo!" We are licensed by the Idaho State Lottery as a Bingo Hall and play for real money every Friday night. Don't miss out!

Must be 18 years or older to play.

