



MARCH ACTIVITIES



208-888-5555
meridianseniorcenter.org

AARP TAXES

FEBRUARY 5TH - APRIL 9TH

MONDAY & TUESDAY

2:00-5:00 P.M.

WALK-IN BASIS ONLY

Radio Days

The Life of Riley!

March 27th

MEMBER PERKS

CHAIR MASSAGE



Monday Mornings

Appointments & Pre-Payment Are Required

\$15 for 15 min.

Shamrock Shuffle

DANCE & SOCIAL
March 13th

FRIDAY - MARCH 1

8:30-2:30 FOOT CLINIC *
10:00 ZUMBA GOLD
11:00 MUSIC BY ALI
12:00 LUNCH
1:00 PINOCHLE



DID YOU KNOW?
IT IS THE TIME
OF YEAR WHEN
ANIMALS START TO
WAKE UP FROM
HIBERNATION?

BINGO - DOORS OPEN 4:00

208-888-5555
meridianseniorcenter.org

La Boutique

MONDAY - FRIDAY

10:30 AM - 1:30 PM

Household goods, Jewelry, & Women's Clothing

DONATIONS & VOLUNTEERS NEEDED!



MONDAY - MARCH 4

9:00 CHAIR VOLLEYBALL
10:20 - NOON CHAIR MASSAGE *
11:00 CHAIR YOGA
11:00 RODERICK'S
CRUIZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 5

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 MOM & DOUBLE IMAGE
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 CANASTA OR HAND & FOOT

WEDNESDAY - MARCH 6

9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 PINOCHLE
1:00 BRIDGE



THURSDAY - MARCH 7

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:45 SENIOR GOLDMINE
12:00 LUNCH
12:30 - 1:15 ATTORNEY CONSULT *
1:00 HAND & FOOT
1:00 BASIC BEG. LINE DANCING
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 8

8:30-2:30 FOOT CLINIC *
10:00 ZUMBA GOLD
11:00 FLEX FRIDAY
12:00 LUNCH
1:00 PINOCHLE



DID YOU KNOW?
MARCH WAS NAMED
AFTER MARS, THE
ROMAN GOD OF WAR?

BINGO
DOORS OPEN 4:00

MARCH FOR MEALS

WITH MEALS ON WHEELS™

Saturday, March 23rd

MONDAY - MARCH 11

9:00 CHAIR VOLLEYBALL
10:20 - NOON CHAIR MASSAGE *
11:00 CHAIR YOGA
11:00 PRIME TIME SWINGERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

Spring Forward
Sun., March 10th
2:00 a.m.



TUESDAY - MARCH 12

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 ALZ. SUPPORT GROUP
11:00 LYRICAL HIKER
12:00 LUNCH
1:00 GAMES
1:00 WOOD CARVING
1:00 CANASTA OR HAND & FOOT
1:00 ART CLASS
1:00 BUNCO

WEDNESDAY - MARCH 13

9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:45 MERIDIAN LIBRARY
11:00 HEARTFELT COUNTRY
12:00 LUNCH
12:45 BOOK CLUB
1:00 BRIDGE
1:00 PINOCHLE
1:00 FRIENDS OF ART



SHAMROCK SHUFFLE
DOORS OPEN AT 3:45

THURSDAY - MARCH 14

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 AND FRIENDS
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC BEG. LINE DANCING
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 15

10:00 ZUMBA GOLD
11:00 OLD TIME FIDDLERS
11:00 FLEX FRIDAY
12:00 HOW IRISH ARE YOU?
12:00 LUNCH
1:00 PINOCHLE



DID YOU KNOW?
TODAY IS THE
IDES OF MARCH?

BIG GAME
BINGO - DOORS OPEN 4:00

BIG BINGO!

WIN
\$500

MARCH 15TH

MONDAY - MARCH 18

9:00 CHAIR VOLLEYBALL
10:20 - NOON CHAIR MASSAGE *
11:00 CHAIR YOGA
11:00 RODERICK'S
CRUIZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 19

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
10:30 BLOOD SUGAR TESTING*
11:00 HEARTFELT COUNTRY
12:00 LUNCH
1:00 BOARD MEETING
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 CANASTA OR HAND & FOOT

WEDNESDAY - MARCH 20

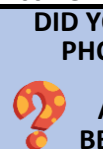
9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 PINOCHLE
1:00 BRIDGE

THURSDAY - MARCH 21

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 2 OR MORE
12:00 LUNCH
12:30 - 1:15 ATTORNEY CONSULT *
1:00 HAND & FOOT
1:00 BASIC BEG. LINE DANCING
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 22

10:00 ZUMBA GOLD
11:00 FLEX FRIDAY
12:00 LUNCH
1:00 PINOCHLE
1:00 AGAPE CHINESE FELLOWSHIP



DID YOU KNOW? THE FIRST
PHONE CALL WAS MADE
MARCH 10, 1876 BY
ALEXANDER GRAHAM
BELL, TO HIS ASSISTANT
MR. WATSON?

BINGO - DOORS OPEN 4:00

PARTNER TABLES

10 A.M. - 1 P.M.

MARCH 5 - WALK THE BLOCK

MARCH 12

UNITED HEALTHCARE MED 101

MARCH 14

ADVANCED NEUROPATHY

MARCH 15

SENIOR HELPERS

MARCH 28

GENTLE HEARTS LIVING
SOLUTIONS

MONDAY - MARCH 25

9:00 CHAIR VOLLEYBALL
10:20 - NOON CHAIR MASSAGE *
11:00 CHAIR YOGA
11:00 PRIME TIME SWINGERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 26

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 SENIOR JAMMERS
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 CANASTA OR HAND & FOOT
1:00 BUNCO

WEDNESDAY - MARCH 27

9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:30 BLOOD PRESSURE *
11:00 HEARTFELT COUNTRY
12:00 LUNCH
1:00 PINOCHLE
1:00 BRIDGE

THURSDAY - MARCH 28

9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 EASY PICKINS'
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC BEG. LINE DANCING
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 29

10:00 ZUMBA GOLD
11:00 THE LEFTOVERS
11:00 FLEX FRIDAY
12:00 LUNCH
1:00 PINOCHLE / BINGO
DOORS OPEN 4:00

EASTER SUNDAY
MARCH 31

FOOT CARE

1st & 2nd Fridays
of the month

MEMBERSHIP REQUIRED



CONTACT SANDY
TO MAKE AN
APPOINTMENT

(208) 697 - 8324

ACTIVITIES

\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS

*DENOTES MEMBERSHIP REQUIRED

BILLIARDS & DARTS

MONDAY & WEDNESDAY - 12:15 - 3:30

TUESDAY & THURSDAY - 11:00 - 3:30

FRIDAY - 8:00 - 3:30



SHUFFLE BOARD!

SPONSOR CONSULTS FOR OUR MEMBERS

ALPHA III WEALTH MANAGEMENT

TRICIA DAIGLE LAW OFFICE

15 MIN
CONSULTATIONS

SIGN UP AT THE FRONT DESK

TRIPS & DINNERS OUT
SIGN-UP & PAY AT FRONT DESK
ACTIVITY FEES APPLY

SEATING LIMITED MUST SIGN-UP AT FRONT DESK

MARCH 6 - INITIAL POINT GALLERY

MARCH 7 - SOCKEYE GRILL

MARCH 7 - COUNTRY CORNER CAFÉ

MARCH 9 - ANNUAL ROADSTER SHOW

MARCH 14 - WINGERS

MARCH 15 - JAK'S PLACE

MARCH 20 - BOISE ART MUSEUM

MARCH 21 - THAI BASIL

MARCH 21 - FIESTA GUADALAJARA

MARCH 22 - BOISE FLOWER

AND GARDEN SHOW

MARCH 23 - MCCALL SLEIGH RIDE

MARCH 26 - COTTONWOOD GRILLE

MARCH 27 - THE WAREHOUSE

BINGO

EVERY FRIDAY NIGHT

OPEN TO THE PUBLIC

DOORS OPEN AT 4:00PM

GAME PLAY STARTS AT 6:00PM

CASH PRIZES *MUST BE 18 YEARS
OR OLDER TO PLAY*