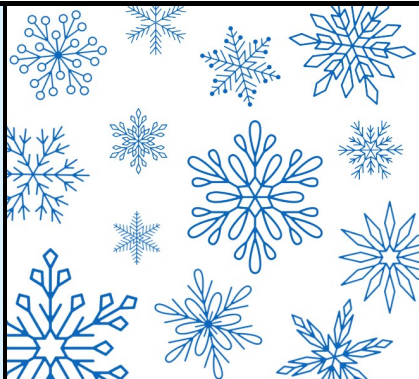


# JANUARY ACTIVITIES

**La Boutique**  
**MONDAY - FRIDAY**  
**10:00 AM - 1:00 PM**  
Household Goods, Jewelry, &  
Women's Clothing  
*Donations Are Welcome & Appreciated*

**2026 MSC BOARD**  
*Swearing In of New  
Board Officers  
and  
Introduction of 2026  
Board Members*  
**January 20th  
at 11:50am**



**THURSDAY - JANUARY 1**  
Meridian Senior Center  
will be  
**CLOSED - January 1<sup>st</sup>**  
**OPEN - January 2<sup>nd</sup>**  
  
CLOSED - NO BINGO

**FRIDAY - JANUARY 2**  
10:00 ZUMBA GOLD  
**11:00 MUSIC BY ALI**  
12:00 LUNCH  
1:00 PINOCHLE

**208-888-5555**  
**meridianseniorcenter.org**  
1920 N. Records Way  
Meridian, ID 83746  
*Located inside Kleiner Park*

**\* CALENDAR ITEMS IN GREEN  
ARE MEMBERSHIP REQUIRED**  
**MEMBERS ONLY**  
*Appointments Required  
Sign Up at the Front Desk  
Unless Otherwise Noted*

**FOCUS MASSAGE**  
Monday Mornings  
\$15 for 15 Minutes  
*Appointments & Pre-Payment Required*

**FOOT CARE CLINIC**  
Fridays - Dates Vary  
*Contact Sandy to make an appointment  
(208) 747-5797*

**SPONSOR CONSULTS**  
Alpha III Wealth Management  
and  
Tricia Daigle Law Office  
*Free 15 Minute Consultations*

**SENIOR TECH PALS**  
Thursday, Jan. 15, 1 - 3 PM

**PARTNER TABLES**  
IN THE LOBBY 10:00 AM - 1:00 PM

**January 2, 21**  
Senior Helpers  
  
**January 7**  
Life Care Center  
  
**January 8, 15, 22, 29**  
New York Life  
  
**January 23**  
Cornerstone Caregiving  
  
**January 30**  
Wholesome Chiropractic

**MONDAY - JANUARY 5**  
8:45 BEGINNERS TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
**10:20 - 12:00 FOCUS MASSAGE\***  
**11:00 RODERICK'S CRUIZIN CLASSICS**  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - JANUARY 6**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 MOM & DOUBLE IMAGE**  
12:00 LUNCH  
1:00 ART CLASS  
1:00 WOOD CARVING  
1:00 GAMES  
1:00 HAND & FOOT

**WEDNESDAY - JANUARY 7**  
8:45 INTERMEDIATE TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 KNIT & LOOM  
**11:00 THE KEYSRINGS**  
12:00 LUNCH  
1:00 BOOK CLUB  
1:00 INTERMEDIATE BRIDGE  
1:00 PINOCHLE

**THURSDAY - JANUARY 8**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 SENIOR GOLDMINE**  
12:00 LUNCH  
**12:30 - 2:00 FINANCIAL CONSULT\***  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG./INT. LINE DANCING  
  
BINGO - DOORS OPEN AT 4:00 PM

**FRIDAY - JANUARY 9**  
10:00 ZUMBA GOLD  
**11:00 BIG DAVE WALTER**  
12:00 LUNCH  
1:00 PINOCHLE

**MONDAY - JANUARY 12**  
8:45 BEGINNERS TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
**10:20 - 12:00 FOCUS MASSAGE\***  
**11:00 PRIMETIME SWINGERS**  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - JANUARY 13**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 THE KEYSRINGS**  
12:00 LUNCH  
1:00 ART CLASS  
1:00 WOOD CARVING  
1:00 GAMES  
1:00 HAND & FOOT  
1:00 BUNCO

**WEDNESDAY - JANUARY 14**  
8:45 INTERMEDIATE TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 KNIT & LOOM  
**10:30 MERIDIAN LIBRARY**  
**11:00 HEARTFELT COUNTRY**  
12:00 LUNCH  
1:00 INTERMEDIATE BRIDGE  
1:00 PINOCHLE

**THURSDAY - JANUARY 15**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 KAY & THE BOGUS  
STRING BAND**  
12:00 LUNCH  
**12:30 - 1:15 ATTORNEY CONSULT\***  
1:00 HAND & FOOT  
**1:00 TECH PALS**  
1:00 BASIC LINE DANCING  
2:00 BEG./INT. LINE DANCING  
BINGO - DOORS OPEN AT 4:00 PM

**FRIDAY - JANUARY 16**  
10:00 ZUMBA GOLD  
**11:00 DAVID LADINES**  
12:00 LUNCH  
1:00 PINOCHLE

**MONDAY - JANUARY 19**  
CLOSED  


**TUESDAY - JANUARY 20**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**10:30 BLOOD SUGAR TESTING\***  
**11:00 HEARTFELT COUNTRY**  
12:00 LUNCH  
1:00 ART  
1:00 WOOD CARVING  
1:00 GAMES  
1:00 HAND & FOOT

**WEDNESDAY - JANUARY 21**  
8:45 INTERMEDIATE TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 KNIT & LOOM  
**11:00 YOUR 50S BAND**  
12:00 LUNCH  
1:00 INTERMEDIATE BRIDGE  
1:00 PINOCHLE  
  
3:30 PM- SNOWFLAKE SOIREE  
DANCE & SOCIAL

**THURSDAY - JANUARY 22**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 THE LEFTOVERS**  
12:00 LUNCH  
**12:30 - 1:15 FINANCIAL CONSULT\***  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG./INT. LINE DANCING  
BINGO - DOORS OPEN AT 4:00 PM

**FRIDAY - JANUARY 23**  
10:00 ZUMBA GOLD  
**11:00 RODERICK'S CRUIZIN CLASSICS**  
12:00 LUNCH  
1:00 PINOCHLE

**MONDAY - JANUARY 26**  
8:45 TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
**10:20 - 12:00 FOCUS MASSAGE\***  
**11:00 PRIMETIME SWINGERS**  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - JANUARY 27**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 SENIOR JAMMERS**  
12:00 LUNCH  
1:00 ART  
1:00 WOOD CARVING  
1:00 GAMES  
1:00 HAND & FOOT  
1:00 BUNCO  
**1:00 BOARD MEETING**

**WEDNESDAY - JANUARY 28**  
8:45 INTERMEDIATE TAP DANCE  
9:00 CHAIR VOLLEYBALL  
10:00 KNIT & LOOM  
**10:30 BLOOD PRESSURE CHECK\***  
**10:30 MERIDIAN LIBRARY**  
**11:00 HEARTFELT COUNTRY**  
12:00 LUNCH  
1:00 INTERMEDIATE BRIDGE  
1:00 PINOCHLE

**THURSDAY - JANUARY 29**  
9:00 FIT & FALLPROOF  
10:00 FIT & FALLPROOF  
**11:00 YOUR 50S BAND**  
12:00 LUNCH  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG./INT. LINE DANCING  
BINGO - DOORS OPEN AT 4:00 PM

**FRIDAY - JANUARY 30**  
10:00 ZUMBA GOLD  
**11:00 TIM STILES**  
12:00 LUNCH  
1:00 PINOCHLE

**ACTIVITIES**  
**\$2 FOR MEMBERS**  
**\$5 FOR NON-MEMBERS**

**FIT & FALLPROOF - \$2 FOR EVERYONE**  
**CLASSES LIMITED TO 30 PARTICIPANTS**

**DARTS, SHUFFLE BOARD,  
POOL & PING PONG**  
  
**Monday & Wednesday**  
12:15 pm - 3:30 pm  
  
**Tuesday & Thursday**  
11:00 am - 3:30 pm  
  
**Friday** 8:00 am - 3:30 pm

**CALENDAR EVENTS MAY CHANGE  
AFTER PUBLICATION.**

**EVENTS & OUTINGS**  
*SIGN-UPS BEGIN APPROX. 2 WEEKS BEFORE  
EVENT DATE. ACTIVITY FEES APPLY.  
SOME OUTINGS HAVE ADMISSION/TICKET FEES.*  
**SIGN UP AT THE FRONT DESK!**

**Wednesday, January 14**  
Craft Night at MSC

**Thursday, January 15**  
Drive Yourself - Wine Tasting  
Rolling Hills Vineyard Urban Tasting Room

**Monday, January 26**  
Drive Yourself  
Mondays at Big Al's

**BINGO**  
**EVERY THURSDAY**  
**OPEN TO THE PUBLIC**  
DOORS OPEN AT 4:00 PM  
GAME PLAY STARTS AT 6:00 PM  
**CASH PRIZES** ★ *MUST BE 18 YEARS  
OR OLDER TO PLAY* ★

**La Boutique** Will be open before BINGO,  
3:00 pm - 6:00 pm, on these days:  
**JANUARY 8 and JANUARY 22**





## 2026 MEMBERSHIP

Our tiered membership options give members the opportunity to show generosity to the Meridian Senior Center while getting some extra perks.  
Memberships are for the Calendar Year, January 1 - December 31, 2026



## TIME TO RENEW YOUR MEMBERSHIP!

Renew or become a member today  
by going online at  
[www.meridianseniorcenter.org](http://www.meridianseniorcenter.org) or  
sign up at our front desk.

Starts  
Dec 8th

## CRAFT NIGHT AT MSC

WED., JANUARY 14  
at 4:00 PM **\$15/\$18**  
Member / Non-Member

Includes all the supplies to make a cute  
Valentine Garland, and an instructor to help!  
Sign up at the Front Desk today!



# January

## ACTIVITY CALENDAR



Meridian Senior Center

## Snowflake Soiree

DANCE & SOCIAL



JANUARY 21<sup>ST</sup>, 2026

3:30pm - 6:00 pm

OPEN TO THE PUBLIC

BEVERAGES WILL BE AVAILABLE FOR PURCHASE  
BRING A SNACK TO SHARE WITH YOUR TABLE!

ENTERTAINMENT BY:  
**RODRICK'S CRUIZIN'  
CLASSICS**

TICKETS ARE AVAILABLE AT THE FRONT DESK

\$5 Member

208-888-5555

\$8 Non Member 1920 N Records Way, Meridian