



Meridian Senior Center

FEBRUARY ACTIVITIES

MONDAY - FEBRUARY 2	TUESDAY - FEBRUARY 3	WEDNESDAY - FEBRUARY 4	THURSDAY - FEBRUARY 5	FRIDAY - FEBRUARY 6
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* <u>11:00 RODERICK'S CRUIZIN CLASSICS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA <u>11:00 THE KEYSTRINGS</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:30 SENIOR GOLDMINE</u> 12:00 LUNCH 12:30 - 1:15 ATTORNEY CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 PINOCHLE
MONDAY - FEBRUARY 9	TUESDAY - FEBRUARY 10	WEDNESDAY - FEBRUARY 11	THURSDAY - FEBRUARY 12	FRIDAY - FEBRUARY 13
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* <u>11:00 PRIME TIME SWINGERS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 THE KEYSTRINGS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT 1:00 BUNCO	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA <u>10:30 MERIDIAN LIBRARY</u> <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 BOOK CLUB 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE 4:00 PM - PAINT & SIP	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 AND FRIENDS</u> 12:00 LUNCH 12:30 - 2:00 FINANCIAL CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD <u>11:00 RODERICK'S CRUIZIN CLASSICS</u> 12:00 LUNCH 1:00 PINOCHLE
MONDAY - FEBRUARY 16	TUESDAY - FEBRUARY 17	WEDNESDAY - FEBRUARY 18	THURSDAY - FEBRUARY 19	FRIDAY - FEBRUARY 20
CLOSED  Presidents' Day	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>10:30 BLOOD SUGAR TESTING*</u> <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA <u>11:00 YOUR 50s BAND</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE 3:30 PM - VALENTINE'S PARTY DANCE & SOCIAL	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 THE LEFTOVERS</u> 12:00 LUNCH 12:30 - 1:15 ATTORNEY CONSULT* 1:00 HAND & FOOT <u>1:00 TECH PALS*</u> 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD <u>11:00 DAVID LADINES</u> 12:00 LUNCH 1:00 PINOCHLE
MONDAY - FEBRUARY 23	TUESDAY - FEBRUARY 24	WEDNESDAY - FEBRUARY 25	THURSDAY - FEBRUARY 26	FRIDAY - FEBRUARY 27
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL NO CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* <u>11:00 PRIME TIME SWINGERS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 SENIOR JAMMERS</u> 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT 1:00 BUNCO 1:00 BOARD MEETING	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA <u>10:30 MERIDIAN LIBRARY</u> <u>10:30 BLOOD PRESSURE CHECK*</u> <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALPROOF 10:00 FIT & FALPROOF <u>11:00 KAY & THE BOGUS</u> 12:00 LUNCH 12:30 - 1:15 FINANCIAL CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD <u>11:00 ASSOCIATION MEETING</u> 12:00 LUNCH 1:00 PINOCHLE 1:00 AGAPE CHNESE FELLOWSHIP
La Boutique MONDAY - FRIDAY 10:00 AM - 1:00 PM Household Goods, Jewelry, & Women's Clothing Donations Are Welcome & Appreciated	NEW EXERCISE CLASS! BEGINNING FEBRUARY 4 TH ! CHAIR ZUMBA WEDNESDAYS AT 10:00 AM REGULAR ACTIVITY FEES APPLY	EVENTS & OUTINGS SIGN-UPS BEGIN APPROX. 2 WEEKS BEFORE EVENT DATE. ACTIVITY FEES APPLY. SOME OUTINGS HAVE ADMISSION/TICKET FEES. SIGN UP AT THE FRONT DESK!	Wednesday, February 11 Paint & Sip Purchase Tickets at the Front Desk	Wednesday, February 18 Valentine's Party Dance & Social Purchase Tickets at the Front Desk

208-888-5555
meridianseniorcenter.org

1920 N. Records Way
Meridian, ID 83746
Located inside Kleiner Park

* CALENDAR ITEMS IN GREEN ARE MEMBERSHIP REQUIRED

MEMBERS ONLY

Appointments Required
Sign Up at the Front Desk
Unless Otherwise Noted

FOCUS MASSAGE

Monday Mornings
\$15 for 15 Minutes
Appointments & Pre-Payment Required

FOOT CARE CLINIC

Fridays - Dates Vary
Contact Sandy to make an appointment
(208) 747-5797

SPONSOR CONSULTS

Alpha III Wealth Management and
Tricia Daigle Law Office
Free 15 Minute Consultations

SENIOR TECH PALS

Thursday, Feb. 19, 1-3 PM

ACTIVITIES

\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS

FIT & FALPROOF - \$2 FOR EVERYONE
CLASSES LIMITED TO 30 PARTICIPANTS

DARTS, SHUFFLE BOARD,
POOL & PING PONG

Monday & Wednesday
12:15 pm - 3:30 pm



Tuesday & Thursday
11:00 am - 3:30 pm

Friday 8:00 am - 3:30 pm



CALENDAR EVENTS MAY CHANGE
AFTER PUBLICATION.

BINGO

EVERY THURSDAY

OPEN TO THE PUBLIC

DOORS OPEN AT 4:00 PM
GAME PLAY STARTS AT 6:00 PM

CASH PRIZES ★ MUST BE 18 YEARS OR OLDER TO PLAY★

La Boutique Will be open before BINGO,
3:00 pm - 6:00 pm, on these days:

FEBRUARY 5 and FEBRUARY 19

PARTNER TABLES

IN THE LOBBY

10:00 AM - 1:00 PM

<u>Feb. 3</u>	Ashley Manor
<u>Feb. 4</u>	New York Life
<u>Feb. 5</u>	Senior Helpers
<u>Feb. 6</u>	Heatherwood Senior Living
<u>Feb. 6</u>	Gentle Hearts Living Solutions
	Idaho Central Credit Union
<u>Feb. 9</u>	Golden Oak Care
	Red Fox Home Care
<u>Feb. 10</u>	Gentle Hearts Living Solutions
	Edgewood Healthcare
<u>Feb. 11</u>	Legacy Insurance & Financial
<u>Feb. 12</u>	Candace Carlson Real Estate
	Idaho Central Credit Union
<u>Feb. 13</u>	Movin' With Karen
	New York Life

<u>Feb. 17</u>	Senior Helpers
<u>Feb. 18</u>	Idaho Central Credit Union
	Idaho Living Realty
<u>Feb. 19</u>	Candace Carlson Real Estate
	Tru Blu Ally
<u>Feb. 20</u>	Askelson Advisory
	New York Life
<u>Feb. 23</u>	Care Patrol
	Terrace Health
<u>Feb. 24</u>	Candace Carlson Real Estate
	New York Life
<u>Feb. 26</u>	Askelson Advisory
	Legacy Insurance & Financial
<u>Feb. 27</u>	Heatherwood Senior Living
	Idaho Central Credit Union



2026 MEMBERSHIP

Our tiered membership options give members the opportunity to show generosity to the Meridian Senior Center while getting some extra perks.

Memberships are for the Calendar Year, January 1 - December 31, 2026



TIME TO RENEW YOUR MEMBERSHIP!

Renew or become a member today by going online at www.meridianseniorcenter.org or sign up at our front desk.

SIGN UP TODAY!

WED. FEBRUARY 11

DOORS OPEN AT 3:45 PM / PAINTING BEGINS AT 4:00 PM
OPEN TO THE PUBLIC - ONLY 30 SPOTS AVAILABLE!

TAUGHT BY DANIELLE TIEGS
botanical artist

\$35
MEMBERS

\$38
NON-MEMBERS

PURCHASE YOUR TICKETS AT THE FRONT DESK, OR BY PHONE AT (208) 888-5555 MONDAY-FRIDAY, 8 AM - 4 PM

ALL PAINTING SUPPLIES ARE PROVIDED. WINE, BEER, AND SOFT DRINKS AVAILABLE TO PURCHASE. (NO OUTSIDE ALCOHOL ALLOWED) BRINGING SHAREABLE SNACKS IS ENCOURAGED.

Meridian Senior Center
1920 N RECORDS WAY in MERIDIAN



Valentine's Dance & Social



FEBRUARY 18TH
4:00 PM TO 7:00 PM
OPEN TO THE PUBLIC



Meridian Senior Center
1920 N. Records Way
208-888-5555

Music by Mom & Double Image

TICKETS AVAILABLE FOR PURCHASE AT THE FRONT DESK

Members: \$15 - Dinner & Dance *

\$5 - Dance Only

Non-Members: \$18 - Dinner & Dance *

\$8 - Dance Only

DINNER SERVED AT 5:30 PM

Tri-Tip or Chicken Piccata

Scalloped Potatoes, Salad, Roll

Dessert

Beer, wine, and soda

available for purchase.

*** DINNER TICKETS MUST BE PURCHASED BY FEBRUARY 13. DINNER TICKETS WILL NOT BE AVAILABLE AT THE DOOR.**

February

ACTIVITY CALENDAR



Meridian Senior Center