

FEBRUARY ACTIVITIES

208-888-5555
meridianseniorcenter.org

1920 N. Records Way
Meridian, ID 83746

Located inside Kleiner Park

*** CALENDAR ITEMS IN GREEN
ARE MEMBERSHIP REQUIRED**

MEMBERS ONLY

*Appointments Required
Sign Up at the Front Desk
Unless Otherwise Noted*

FOCUS MASSAGE

Monday Mornings
\$15 for 15 Minutes

Appointments & Pre-Payment Required

FOOT CARE CLINIC

Fridays - Dates Vary
Contact Sandy to make an appointment
(208) 747-5797

SPONSOR CONSULTS

Alpha III Wealth Management
and
Tricia Daigle Law Office
Free 15 Minute Consultations

SENIOR TECH PALS

Thursday, Feb. 19, 1-3 PM

ACTIVITIES

**\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS**

**FIT & FALLPROOF - \$2 FOR EVERYONE
CLASSES LIMITED TO 30 PARTICIPANTS**

DARTS, SHUFFLE BOARD, POOL & PING PONG



Monday & Wednesday
12:15 pm - 3:30 pm



Tuesday & Thursday
11:00 am - 3:30 pm



Friday 8:00 am - 3:30 pm

**CALENDAR EVENTS MAY CHANGE
AFTER PUBLICATION.**

BINGO



EVERY THURSDAY

OPEN TO THE PUBLIC

DOORS OPEN AT 4:00 PM
GAME PLAY STARTS AT 6:00 PM

CASH PRIZES

**MUST BE 18 YEARS
OR OLDER TO PLAY**



Will be open before BINGO,
3:00 pm - 6:00 pm, on these days:

FEBRUARY 5 and FEBRUARY 19

PARTNER TABLES

**IN THE LOBBY
10:00 AM - 1:00 PM**

Feb. 3

Ashley Manor

Feb. 4

New York Life

Feb. 5

Senior Helpers

Feb. 6

Heatherwood Senior Living
Gentle Hearts Living Solutions
Idaho Central Credit Union

Feb. 9

Golden Oak Care
Red Fox Home Care

Feb. 10

Gentle Hearts Living Solutions
Edgewood Healthcare

Feb. 11

Legacy Insurance & Financial

Feb. 12

Candace Carlson Real Estate
Idaho Central Credit Union

Feb. 13

Movin' With Karen
New York Life

Feb. 17

Senior Helpers

Feb. 18

Idaho Central Credit Union
Idaho Living Realty

Feb. 19

Candace Carlson Real Estate
Tru Blu Ally

Feb. 20

Askelson Advisory
New York Life

Feb. 23

Care Patrol
Terrace Health

Feb. 24

Candace Carlson Real Estate
New York Life

Feb. 26

Askelson Advisory
Legacy Insurance & Financial

Feb. 27

Heatherwood Senior Living
Idaho Central Credit Union



**MONDAY - FRIDAY
10:00 AM - 1:00 PM**

Household Goods, Jewelry, &
Women's Clothing

Donations Are Welcome & Appreciated

NEW EXERCISE CLASS!
BEGINNING FEBRUARY 4TH
CHAIR ZUMBA



**WEDNESDAYS
AT 10:00 AM**

*REGULAR ACTIVITY
FEES APPLY*

EVENTS & OUTINGS

SIGN-UPS BEGIN APPROX. 2 WEEKS BEFORE

EVENT DATE. ACTIVITY FEES APPLY.

SOME OUTINGS HAVE ADMISSION/TICKET FEES.

SIGN UP AT THE FRONT DESK!

Wednesday, February 11

Paint & Sip

Purchase Tickets at the Front Desk

Wednesday, February 18

Valentine's Party Dance & Social

Purchase Tickets at the Front Desk

MONDAY - FEBRUARY 2	TUESDAY - FEBRUARY 3	WEDNESDAY - FEBRUARY 4	THURSDAY - FEBRUARY 5	FRIDAY - FEBRUARY 6
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 RODERICK'S CRUIZIN CLASSICS 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 MOM & DOUBLE IMAGE 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 11:00 THE KEYSRINGS 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:30 SENIOR GOLDMINE 12:00 LUNCH 12:30 - 1:15 ATTORNEY CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING <i>BINGO - DOORS OPEN AT 4:00 PM</i>	10:00 ZUMBA GOLD 11:00 MUSIC BY ALI 12:00 LUNCH 1:00 PINOCHLE

MONDAY - FEBRUARY 9	TUESDAY - FEBRUARY 10	WEDNESDAY - FEBRUARY 11	THURSDAY - FEBRUARY 12	FRIDAY - FEBRUARY 13
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 PRIME TIME SWINGERS 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 THE KEYSRINGS 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT 1:00 BUNCO	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 10:30 MERIDIAN LIBRARY 11:00 HEARTFELT COUNTRY 12:00 LUNCH 1:00 BOOK CLUB 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE <i>4:00 PM - PAINT & SIP</i>	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 AND FRIENDS 12:00 LUNCH 12:30 - 2:00 FINANCIAL CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING <i>BINGO - DOORS OPEN AT 4:00 PM</i>	10:00 ZUMBA GOLD 11:00 RODERICK'S CRUIZIN CLASSICS 12:00 LUNCH 1:00 PINOCHLE

MONDAY - FEBRUARY 16	TUESDAY - FEBRUARY 17	WEDNESDAY - FEBRUARY 18	THURSDAY - FEBRUARY 19	FRIDAY - FEBRUARY 20
CLOSED  Presidents' Day	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 10:30 BLOOD SUGAR TESTING* 11:00 HEARTFELT COUNTRY 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 11:00 YOUR 50s BAND 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE <i>3:30 PM - VALENTINE'S PARTY DANCE & SOCIAL</i>	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 THE LEFTOVERS 12:00 LUNCH 12:30 - 1:15 ATTORNEY CONSULT* 1:00 HAND & FOOT 1:00 TECH PALS* 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING <i>BINGO - DOORS OPEN AT 4:00 PM</i>	10:00 ZUMBA GOLD 11:00 DAVID LADINES 12:00 LUNCH 1:00 PINOCHLE

MONDAY - FEBRUARY 23	TUESDAY - FEBRUARY 24	WEDNESDAY - FEBRUARY 25	THURSDAY - FEBRUARY 26	FRIDAY - FEBRUARY 27
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL NO CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 PRIME TIME SWINGERS 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 SENIOR JAMMERS 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT 1:00 BUNCO 1:00 BOARD MEETING	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 10:30 MERIDIAN LIBRARY 10:30 BLOOD PRESSURE CHECK* 11:00 HEARTFELT COUNTRY 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 KAY & THE BOGUS STRING BAND 12:00 LUNCH 12:30 - 1:15 FINANCIAL CONSULT* 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING <i>BINGO - DOORS OPEN AT 4:00 PM</i>	10:00 ZUMBA GOLD 11:00 ASSOCIATION MEETING 12:00 LUNCH 1:00 PINOCHLE 1:00 AGAPE CHNESE FELLOWSHIP

EVENTS & OUTINGS
*SIGN-UPS BEGIN APPROX. 2 WEEKS BEFORE
EVENT DATE. ACTIVITY FEES APPLY.
SOME OUTINGS HAVE ADMISSION/TICKET FEES.*
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Wednesday, February 11

Paint & Sip

Purchase Tickets at the Front Desk

Wednesday, February 18

Valentine's Party Dance & Social

Purchase Tickets at the Front Desk



2026 MEMBERSHIP

Our tiered membership options give members the opportunity to show generosity to the Meridian Senior Center while getting some extra perks.
Memberships are for the Calendar Year, January 1 - December 31, 2026



TIME TO RENEW YOUR MEMBERSHIP!

Renew or become a member today
by going online at
www.meridianseniorcenter.org or
sign up at our front desk.

**SIGN UP
TODAY!**

Paint & Sip

WED. **FEBRUARY 11**

DOORS OPEN AT 3:45 PM | PAINTING BEGINS AT 4:00 PM

OPEN TO THE PUBLIC - ONLY 30 SPOTS AVAILABLE!



TAUGHT BY DANIELLE TIEGS
botanical artist

\$35
MEMBERS

\$38
NON-MEMBERS

PURCHASE YOUR TICKETS AT THE FRONT
DESK, OR BY PHONE AT (208) 888-5555
MONDAY-FRIDAY, 8 AM - 4 PM

ALL PAINTING SUPPLIES ARE PROVIDED.
WINE, BEER, AND SOFT DRINKS
AVAILABLE TO PURCHASE.
(NO OUTSIDE ALCOHOL ALLOWED)
BRINGING SHAREABLE SNACKS IS
ENCOURAGED.

Meridian Senior Center
1920 N RECORDS WAY in MERIDIAN

Valentine's Dance & Social



Music by Mom & Double Image

TICKETS AVAILABLE FOR
PURCHASE AT THE FRONT DESK

Members: \$15 - Dinner & Dance *

\$5 - Dance Only

Non-Members: \$18 - Dinner & Dance *

\$8 - Dance Only

DINNER SERVED AT 5:30 PM

Tri-Tip or Chicken Piccata
Scalloped Potatoes, Salad, Roll
Dessert

Beer, wine, and soda
available for purchase.

* DINNER TICKETS MUST BE PURCHASED BY FEBRUARY 13. DINNER TICKETS WILL NOT BE AVAILABLE AT THE DOOR.

February

ACTIVITY CALENDAR



Meridian Senior Center