

*** CALENDAR ITEMS IN GREEN ARE MEMBERSHIP REQUIRED**

MEMBERS ONLY

*Appointments Required
Sign Up at the Front Desk
Unless Otherwise Noted*

FOCUS MASSAGE

Monday Mornings
\$15 for 15 Minutes
Appointments & Pre-Payment Required

FOOT CARE CLINIC

Fridays - Dates Vary
*Contact Information will be provided to
Members Upon Request*

SPONSOR CONSULTS

Alpha III Wealth Management
and
Tricia Daigle Law Office
Free 15 Minute Consultations

SENIOR TECH PALS

Thursday, March 19, 1-3 PM

ACTIVITIES

**\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS**

**FIT & FALLPROOF - \$2 FOR EVERYONE
CLASSES LIMITED TO 30 PARTICIPANTS**

**DARTS, SHUFFLE BOARD,
POOL & PING PONG**

Monday & Wednesday
12:15 pm - 3:30 pm

Tuesday & Thursday
11:00 am - 3:30 pm

Friday 8:00 am - 3:30 pm



**CALENDAR EVENTS MAY CHANGE
AFTER PUBLICATION.**

BINGO



EVERY THURSDAY

OPEN TO THE PUBLIC

DOORS OPEN AT 4:00 PM
GAME PLAY STARTS AT 6:00 PM

CASH PRIZES ★ *MUST BE 18 YEARS
OR OLDER TO PLAY* ★

La Boutique Will be open before BINGO,
3:00 pm - 6:00 pm, on these days:

March 5 and March 19

PARTNER TABLES IN THE LOBBY
10:00 AM - 1:00 PM

- | | | | |
|----------------|---|----------------|--|
| Mar. 3 | Candace Carlson Real Estate
Greenstaff Home Care | Mar. 16 | Senior Helpers
LINC |
| Mar. 4 | Arbor Valley
First Choice Boise | Mar. 17 | Candace Carlson Real Estate |
| Mar. 5 | Senior Helpers
New York Life | Mar. 18 | Life Care Center of America
Costco Wholesale |
| Mar. 6 | Meridian Meadows Assisted
Living | Mar. 19 | New York Life
Arbor Valley |
| Mar. 9 | Pro Mortgage
Meridian Fire Department | Mar. 20 | True North Care Network
A Better Solution In-Home Care |
| Mar. 10 | Gentle Hearts Living Solutions
Allegiant Home Care | Mar. 23 | VRT Beyond Access
Table Rock Senior Living |
| Mar. 11 | Askelson Advisory | Mar. 24 | Golden Oak Care
St. Al's Rehab Hospital |
| Mar. 12 | New York Life
Touchmark Soda Bar | Mar. 26 | New York Life
Pro Mortgage |
| Mar. 13 | Cornerstone Caregiving
Askelson Advisory | Mar. 27 | Arbor Village at Hillcrest
Benital - Residential Habilitation |

MONDAY - MARCH 2	TUESDAY - MARCH 3	WEDNESDAY - MARCH 4	THURSDAY - MARCH 5	FRIDAY - MARCH 6
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 <u>RODERICK'S CRUIZIN CLASSICS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 <u>MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 11:00 <u>THE KEYSRINGS</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:30 <u>SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD 11:00 <u>MUSIC BY ALI</u> 12:00 LUNCH 1:00 PINOCHLE

MONDAY - MARCH 9	TUESDAY - MARCH 10	WEDNESDAY - MARCH 11	THURSDAY - MARCH 12	FRIDAY - MARCH 13
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 <u>THE KEYSRINGS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT 1:00 BUNCO	 LEARN HEALTH FAIR 10:30 - 11:45 AM 10:00 KNIT & LOOM 10:30 <u>MERIDIAN LIBRARY</u> 11:00 <u>HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 BOOK CLUB 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE 4:00 PM - CRAFT NIGHT	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 <u>AND FRIENDS</u> 12:00 LUNCH 12:30 - 2:00 <u>FINANCIAL CONSULT*</u> 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD 11:00 <u>ACCORDION BY JO</u> 12:00 LUNCH 1:00 PINOCHLE

MONDAY - MARCH 16	TUESDAY - MARCH 17	WEDNESDAY - MARCH 18	THURSDAY - MARCH 19	FRIDAY - MARCH 20
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 <u>RODERICK'S CRUIZIN CLASSICS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 10:30 <u>BLOOD SUGAR TESTING*</u> 11:00 <u>HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 ART CLASS 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 11:00 <u>YOUR 50s BAND</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 <u>KAY & THE BOGUS STRING BAND</u> 12:00 LUNCH 12:30 - 1:15 <u>ATTORNEY CONSULT*</u> 1:00 HAND & FOOT 1:00 <u>TECH PALS*</u> 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD 11:00 <u>DAVID LADINES</u> 12:00 LUNCH 1:00 PINOCHLE (NON-TOURNAMENT) PINOCHLE TOURNAMENT FRIDAY, MARCH 20 1:00 - 4:30 PM \$20 ENTRY FEE - LIMITED TO 20 PARTICIPANTS SIGN UPS BEGIN MARCH 2. LAST DAY TO SIGN UP IS MARCH 13. 3 PRIZE LEVELS - AWARDED AS GIFT CARDS

MONDAY - MARCH 23	TUESDAY - MARCH 24	WEDNESDAY - MARCH 25	THURSDAY - MARCH 26	FRIDAY - MARCH 27
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 11:00 <u>PRIME TIME SWINGERS</u> 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 11:00 <u>SENIOR JAMMERS</u> 12:00 LUNCH 1:15 ART <i>MEET IN THE</i> 1:15 GAMES <i>DINING ROOM</i> 1:15 WOOD CARVING <i>TODAY</i> 1:00 HAND & FOOT 1:00 BUNCO 1:00 <u>BOARD MEETING</u>	8:45 INTERMEDIATE TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 KNIT & LOOM 10:00 CHAIR ZUMBA 10:30 <u>MERIDIAN LIBRARY</u> 10:30 <u>BLOOD PRESSURE CHECK*</u> 11:00 <u>HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 INTERMEDIATE BRIDGE 1:00 PINOCHLE 3:30 PM - <u>BIG EASY DANCE</u>	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 12:00 LUNCH 12:30 - 1:15 <u>FINANCIAL CONSULT*</u> 1:00 HAND & FOOT 1:00 BASIC LINE DANCING 2:00 BEG./INT. LINE DANCING BINGO - DOORS OPEN AT 4:00 PM	10:00 ZUMBA GOLD 11:00 <u>PRIME TIME SWINGERS</u> 12:00 LUNCH 1:00 PINOCHLE 1:00 AGAPE CHINESE FELLOWSHIP

MONDAY - MARCH 30	MONDAY - MARCH 31
8:45 BEGINNERS TAP DANCE 9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20 - 12:00 FOCUS MASSAGE* 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE	9:00 FIT & FALLPROOF 10:00 FIT & FALLPROOF 12:00 LUNCH 1:00 ART 1:00 WOOD CARVING 1:00 GAMES 1:00 HAND & FOOT

**How Irish
Are Ye?**
March 17
At Lunch
Dress creatively
to celebrate
St. Patrick's Day!



**BIG
BINGO**
THURSDAY
MARCH 19



La Boutique
MONDAY - FRIDAY
10:00 AM - 1:00 PM
Household Goods, Jewelry, &
Women's Clothing
Donations Are Welcome & Appreciated

LUCK O' THE IRISH 50/50 RAFFLE

TICKETS: \$2 EACH

Purchase Tickets at the Front Desk



Open to the Public!
Membership not required
for ticket purchase!

Drawing held
at Lunch on
Tuesday, March 31st

All proceeds support the
Meridian Senior Center

Ladies' Brunch

MIMOSAS, MUSIC, AND MORNING LAUGHS

SATURDAY March 14 2026



DOORS OPEN
AT 11:00 AM

OPEN TO THE PUBLIC

MERIDIAN SENIOR CENTER MEMBERS
\$25 PER PERSON

NON-MEMBERS - \$30 PER PERSON

BUYING TICKETS FOR A FEW OR MORE?
TABLES SEAT 8!

PURCHASE TICKETS AT THE FRONT DESK OR BY PHONE!

FEATURING LOCAL COMEDIAN
SHELLY HOUSTON
LA BOUTIQUE FASHION SHOW
RAFFLE PRIZES - TICKETS SOLD
AT THE BRUNCH

ALL PROCEEDS BENEFIT THE Meridian Senior Center
1920 N RECORDS WAY, MERIDIAN | LOCATED IN KLEINER PARK
208-888-5555



ACTIVITY CALENDAR



RADIO DAYS



The Adventures of Ozzie and Harriet
"The Anniversary Gift"
Read all the fun details on the poster in the MSC lobby!

SATURDAY, MARCH 21ST
AT 2:00 PM

Purchase Tickets at the
Front Desk or at the Door

OPEN TO THE PUBLIC!

\$5 Members
\$8 Non-Members

Meridian Senior Center
1920 N Records Way, in Kleiner Park
208-888-5555

Bake Sale items and Beverages will be available for purchase at the show!

THE Big Easy

DANCE, SOCIAL & POTLUCK

Wednesday March 25

Doors Open at 3:30 pm

OPEN TO THE PUBLIC!

Purchase Tickets & Sign up for the Potluck at the Front Desk

Members \$5 - With a Potluck Dish
\$15 - Without a Potluck Dish
Non-Members \$8 - With a Potluck Dish
\$18 - Without a Potluck Dish

Unable to bring a dish for the potluck? Add \$10 to your
ticket payment so we can purchase food on your behalf!
The same pricing applies to At-The-Door Tickets.
No "Dance Only" tickets are available for this event.



Music by
Roderick's Cruizin'
Classics

Meridian Senior Center
1920 N Records Way in Meridian
in Kleiner Park behind The Village