

APRIL ACTIVITIES

208-888-5555
meridianseniorcenter.org

1920 N. Records Way
Meridian, ID 83746

Located inside Kleiner Park

* CALENDAR ITEMS IN GREEN ARE MEMBERSHIP REQUIRED

MEMBERS ONLY

Appointments Required
Sign Up at the Front Desk
Unless Otherwise Noted

FOCUS MASSAGE

Monday Mornings
\$15 for 15 Minutes

Appointments & Pre-Payment Required

FOOT CARE CLINIC

Fridays - Dates Vary

Contact Information will be provided to Members Upon Request

SPONSOR CONSULTS

Alpha III Wealth Management
and

Tricia Daigle Law Office
Free 15 Minute Consultations

SENIOR TECH PALS

Thursday, April 16, 1-3 PM

ACTIVITIES

\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS

FIT & FALLPROOF - \$2 FOR EVERYONE
CLASSES LIMITED TO 30 PARTICIPANTS

DARTS, SHUFFLE BOARD,
POOL & PING PONG

Monday & Wednesday
12:15 pm - 3:30 pm

Tuesday & Thursday
11:00 am - 3:30 pm

Friday 8:00 am - 3:30 pm

CALENDAR EVENTS MAY CHANGE
AFTER PUBLICATION.

BINGO

NEW NIGHT!
EVERY THURSDAY
OPEN TO THE PUBLIC
DOORS OPEN AT 4:00 PM
GAME PLAY STARTS AT 6:00 PM

CASH PRIZES ★ MUST BE 18 YEARS OR OLDER TO PLAY ★

La Boutique Will be open before BINGO,
3:00 pm - 6:00 pm, on these days:

April 2 and April 16

PARTNER TABLES IN THE LOBBY 10:00 AM - 1:00 PM

- | | | | |
|-----------------|--|-----------------|--|
| <u>April 1</u> | Home Helpers
Legacy Insurance & Financial | <u>April 15</u> | Idaho Central Credit Union
Legacy Insurance & Financial |
| <u>April 2</u> | New York Life
Senior Helpers | <u>April 16</u> | New York Life |
| <u>April 3</u> | Arbor Valley
Best Financial | <u>April 17</u> | Harrison's Hope Hospice
Neptune Cremation Services |
| <u>April 6</u> | OlyLife PEMF Products | <u>April 20</u> | Senior Helpers |
| <u>April 7</u> | Ancora Health Services
Candace Carlson Real Estate | <u>April 21</u> | Candace Carlson Real Estate |
| <u>April 8</u> | Affinity at Boise | <u>April 23</u> | Arbor Valley
New York Life |
| <u>April 9</u> | Candace Carlson Real Estate
New York Life | <u>April 24</u> | Idaho Central Credit Union
Neptune Cremation Services |
| <u>April 10</u> | Idaho Central Credit Union
Neptune Cremation Services | <u>April 27</u> | Advanced Neuropathy Center
All Care Home Health & Hospice |
| <u>April 13</u> | Advanced Neuropathy Center
Guardant Health | <u>April 28</u> | Candace Carlson Real Estate
Joe Nielson Jewelry |
| <u>April 14</u> | UHC/Askelson Advisory
Gentle Hearts Living Solutions | <u>April 29</u> | St. Luke's Health System |
| | | <u>April 30</u> | United Healthcare |

La Boutique
MONDAY - FRIDAY
10:00 AM - 1:00 PM
Household Goods, Jewelry, &
Women's Clothing
Donations Are Welcome & Appreciated

Spring **CAKE AUCTION**
Friday, April 3
9:00-10:00 AM - Cake Check In
10:00 AM - Dining Room Doors Open
10:30 AM - Live Cake Auction Begins!
Sign up at the Front Desk to RSVP
that you'll donate a cake!

MONDAY - APRIL 6

8:45	BEGINNERS TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	CHAIR YOGA
10:20 - 12:00	FOCUS MASSAGE*
11:00	RODERICK'S CRUIZIN' CLASSICS
12:00	LUNCH
12:00	MARVELOUS MAH JONGG
1:00	PINOCHLE

TUESDAY - APRIL 7

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	MOM & DOUBLE IMAGE
12:00	LUNCH
1:00	ART
1:00	WOOD CARVING
1:00	GAMES
1:00	HAND & FOOT

WEDNESDAY - APRIL 8

8:45	INTERMEDIATE TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	KNIT & LOOM
10:00	CHAIR ZUMBA
10:30	MERIDIAN LIBRARY
11:00	HEARTFELT COUNTRY
12:00	LUNCH
1:00	BOOK CLUB
1:00	INTERMEDIATE BRIDGE
1:00	PINOCHLE
4:00 PM	CRAFT NIGHT

THURSDAY - APRIL 9

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	AND FRIENDS
12:00	LUNCH
12:30 - 2:00	FINANCIAL CONSULT*
1:00	HAND & FOOT
1:00	BASIC LINE DANCING
2:00	BEG./INT. LINE DANCING
	BINGO - DOORS OPEN AT 4:00 PM

FRIDAY - APRIL 10

10:00	ZUMBA GOLD
11:00	MUSIC BY ALI
12:00	LUNCH
1:00	PINOCHLE



MONDAY - APRIL 13

8:45	BEGINNERS TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	CHAIR YOGA
10:20 - 12:00	FOCUS MASSAGE*
11:00	PRIME TIME SWINGERS
12:00	LUNCH
12:00	MARVELOUS MAH JONGG
1:00	PINOCHLE

TUESDAY - APRIL 14

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	THE KEYSRINGS
12:00	LUNCH
1:00	ART
1:00	WOOD CARVING
1:00	GAMES
1:00	HAND & FOOT
1:00	BUNCO

WEDNESDAY - APRIL 15

8:45	INTERMEDIATE TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	KNIT & LOOM
10:00	CHAIR ZUMBA
11:00	YOUR 50s BAND
12:00	LUNCH
1:00	INTERMEDIATE BRIDGE
1:00	PINOCHLE

THURSDAY - APRIL 16

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	KAY & THE BOGUS STRING BAND
12:00	LUNCH
12:30 - 1:15	ATTORNEY CONSULT*
1:00	HAND & FOOT
1:00	TECH PALS*
1:00	BASIC LINE DANCING
2:00	BEG./INT. LINE DANCING
	BINGO - DOORS OPEN AT 4:00 PM

SATURDAY, APRIL 18
BLACK & WHITE Bash

MONDAY - APRIL 20

8:45	BEGINNERS TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	CHAIR YOGA
10:20 - 12:00	FOCUS MASSAGE*
11:00	RODERICK'S CRUIZIN' CLASSICS
12:00	LUNCH
12:00	MARVELOUS MAH JONGG
1:00	PINOCHLE

TUESDAY - APRIL 21

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
10:30	BLOOD SUGAR TESTING*
12:00	LUNCH
1:15	ART
1:15	WOOD CARVING
1:15	GAMES
1:00	HAND & FOOT

WEDNESDAY - APRIL 22

8:45	INTERMEDIATE TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	KNIT & LOOM
10:00	CHAIR ZUMBA
10:30	MERIDIAN LIBRARY
10:30	BLOOD PRESSURE CHECK*
11:00	HEARTFELT COUNTRY
12:00	LUNCH
1:00	INTERMEDIATE BRIDGE
1:00	PINOCHLE

THURSDAY - APRIL 23

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	THE LEFTOVERS
12:00	LUNCH
12:30 - 1:15	FINANCIAL CONSULT*
1:00	HAND & FOOT
1:00	BASIC LINE DANCING
2:00	BEG./INT. LINE DANCING
	BINGO - DOORS OPEN AT 4:00 PM

FRIDAY - APRIL 24

10:00	ZUMBA GOLD
11:00	JUBILATION
12:00	LUNCH
1:00	PINOCHLE
1:00	AGAPE CHINESE FELLOWSHIP

MONDAY - APRIL 27

8:45	BEGINNERS TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	CHAIR YOGA
10:20 - 12:00	FOCUS MASSAGE*
11:00	PRIME TIME SWINGERS
12:00	LUNCH
12:00	MARVELOUS MAH JONGG
1:00	PINOCHLE

TUESDAY - APRIL 28

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	SENIOR JAMMERS
12:00	LUNCH
1:00	ART
1:00	WOOD CARVING
1:00	GAMES
1:00	HAND & FOOT
1:00	BUNCO
1:00	BOARD MEETING

WEDNESDAY - APRIL 29

8:45	INTERMEDIATE TAP DANCE
9:00	CHAIR VOLLEYBALL
10:00	KNIT & LOOM
10:00	CHAIR ZUMBA
11:00	HEARTFELT COUNTRY
12:00	LUNCH
1:00	INTERMEDIATE BRIDGE
1:00	PINOCHLE

THURSDAY - APRIL 30

9:00	FIT & FALLPROOF
10:00	FIT & FALLPROOF
11:00	BIG DAVE WALTER
12:00	LUNCH
1:00	HAND & FOOT
1:00	BASIC LINE DANCING
2:00	BEG./INT. LINE DANCING
	BINGO - DOORS OPEN AT 4:00 PM

Lunch & Learn
Tuesday, April 14 at 11:00 am
"Reverse Mortgages Made Simple"
Sponsored by
CANDACE CARLSON
SENIORS REAL ESTATE SPECIALIST
IMMUNIZATION CLINIC
THURSDAY, APRIL 16
SIGN UP AT THE FRONT DESK

APRIL IS VOLUNTEER APPRECIATION MONTH!

JOIN US IN THANKING ALL THE VOLUNTEERS THAT HELP MAKE THE MERIDIAN SENIOR CENTER A GREAT PLACE TO BE!

ACTIVITY LEADERS - DINING ROOM - BOUTIQUE
BINGO - GREETERS - HOSPITALITY - BOARD OF DIRECTORS
SPECIAL EVENTS - MUSICAL ENTERTAINMENT - AND MORE!



4TH ANNUAL AWARD WINNING

BLACK & WHITE

Bash

PRESENTED BY Meridian Senior Center



SATURDAY,
APRIL 18

5:00 PM - 8:00 PM

\$25 - Members | \$30 - Non-Members
Italian Dinner Served at 6:00 pm
Music by DJ Alex
1920 N Records Way, in Kleiner Park

OPEN TO THE PUBLIC
Purchase Tickets at the Front Desk
or by Phone at 208-888-5555
No Later Than
Wednesday, April 15
No At-The-Door Tickets For This Event

April

ACTIVITY CALENDAR



Meridian Senior Center

Ladies' Tea & Social

Presented By:
Life Care Center of Treasure Valley
Benefiting:
LEARN and Meridian Senior Center

Saturday, April 25th
10:00 am - 11:30 am

OPEN TO THE PUBLIC

Tickets are required

Ages 60+ are FREE
Under 60 is \$20.00
donations are welcome!



Tea Service and Light refreshments are included in your ticket

Meridian Senior Center

BINGO

& Bubbly **MAY 16 2026**

YOUR TICKET INCLUDES:
• Five Games of Bingo with a minimum \$100 payout per game
• Complimentary Bottle of Bubbly for each table
• Evening Bites Food Bar

PLUS
A SILENT AUCTION & RAFFLES

DOORS OPEN: 5:30PM | BINGO STARTS: 6:15 PM
OPEN TO THE PUBLIC

\$65 each | \$480 table of 8 | **SCAN ME FOR TICKETS!**



All proceeds directly support the programs and services of the Meridian Senior Center, a 501(c)(3) nonprofit.
1920 N Records Way, Meridian, ID 83646